



AYSO has partnered with the Center for Disease Control (CDC) to use the “Heads Up” Concussion training tools in support of the following guidelines in order to ensure the safety of all our participants:

The **AYSO/CDC Parent/Athlete Concussion Information Sheet** should be used to inform parents and players about the potential risks associated with concussions. When required by state law, signatures of a parent and/or athlete must be obtained each membership year.

See State Law Matrix for details

CDC Heads Up Concussion training is strongly recommended for all coaches, referees, executive members, Advisory Commission members, Section/Area/Region board and staff members. This training will be required for coaches and other “officials” as required by state law.

Go to www.aysotraining.org

The **AYSO/CDC Coach/Referee Action Plan** provides coaches/referees with the signs and symptoms of concussion and the recommended steps to take whenever a player exhibits any sign or symptom.

AYSO requires the new **AYSO Participation Release Form**, signed by a parent/guardian, acknowledging that the player has been given clearance before the player can return to play.

AYSO strongly recommends that parents/guardians seek medical attention whenever a player exhibits any signs or symptoms of a concussion and obtain a clearance by a medical professional before the player is allowed to return to play. When required by state law, parents must obtain a medical clearance in addition to completing the Participation Release Form.

If a player exhibits any signs or symptoms of a concussion and is removed from play or not permitted to participate, the player may not return to play for the remainder of that day.

The **Region Safety Director** must receive an AYSO Incident Report, signed Participation Release, copy of the signed Player Registration Form and copy of any SAI claim whenever a player is removed from play due to signs/symptoms of concussion. Fax/email forms to insuranceclaims@ayso.org.



For more information visit:
www.ayso.org/concussions or
scan with your phone.

AYSO CONCUSSION LAW REQUIREMENTS MATRIX

<u>States with Laws Impacting AYSO Programs</u>	<u>AYSO/CDC Information Sheet</u> Signed by Parent (Yes or No)	<u>AYSO/CDC Information Sheet</u> Signed by Athlete (Yes or No)	<u>CDC Training</u> (Yes/No) (If Yes, list position) (List Frequency if Req'd)	<u>Medical Release</u> Signed by Medical Professional (Yes/No) (If Yes, add Med Professional Code)	<u>Comments</u>
Alabama	Yes	Yes	Yes (Coach) (Annually)	Yes 1	School liability protection
Alaska	Yes	Yes	No	Yes 2	Use of school facilities
Arizona	Yes	Yes	No	Yes 2	Use of school facilities
Arkansas	Yes	Yes	Yes (Coach) (Every 3 years)	Yes 2	
California	Yes	Yes	Yes (Coach) (Administrator)	Yes 2	
Colorado	No	No	Yes (Coach) (Annually)	Yes 3	
Connecticut	Yes	Yes	Yes (Coach) (Every 2 years)	No	Use of school facilities
District of Columbia	Yes	Yes	Yes (Coach)	Yes 1	
Florida	Yes	No	Yes (Coach) (Officials) (Administrators)	Yes 2	
Georgia	Yes	No	No	Yes 1	
Hawaii	Yes	Yes	Yes (Coaches) (Administrators) (Officials)(Annually)	Yes 3	
Idaho	Yes	Yes	Must Review Info Sheet	Yes 2	
Louisiana	Yes	Yes	Yes (Coach) (Annually)	Yes 3	
Maryland	Yes	Yes	Yes (Coach)	Yes 2	Use of school facilities
Michigan	Yes	Yes	Yes (Coach) (Volunteers) (Other adults if required by regulations)	Yes 2	Must maintain signed form for duration youth athletes participation in activity, or the athlete turns 18.
Minnesota	Yes	Yes	Yes (Coach) (Every 3 years)	Yes 2	
Nebraska	No	No	Yes (Coach)	Yes 3	
New Jersey	Yes	Yes	Yes (Coach) (Annually)	Yes 2	School liability protection
New Mexico	Yes	Yes	Yes (Coach)	Yes 3	
Nevada	Yes	Yes	No	Yes 1	
Ohio	Yes	No	Yes (Coach) (Every 3 years)	Yes 3	
Oklahoma	Yes	Yes	Yes (Coach) (Referees) (Annually)	Yes 2	

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Oregon	Yes	Yes (If over 12)	Yes (Coach) (Referee) (Annually)	Yes 1	Liability protection for Coaches and Referees
Utah	Yes	No	Yes (Coach) (Volunteer)	Yes 3	
Tennessee	Yes	Yes (If over 18)	Yes (RC) (Coaches) (Annually)	Yes 2	
Virginia	Yes	No	No	Yes 1	Use of school facilities
Washington	Yes	Yes	Yes (Coach)	Yes 2	Use of school facilities
Wisconsin	Yes	Yes	Yes (Coach) (Annually)	Yes 2	

Medical Professional Codes

1. Licensed health care provider
2. Licensed health care provider trained and experienced in concussions
3. Licensed health care provider including (CO - Dr. of Chiropractic, Dr. of Osteopathic Medicine), (LA & NE - Psychologist, LO, NE) (UT - Dr of Osteopathy).

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