

Learning Styles Preference Inventory

Instructions:

Circle the option, **X**, **Y**, or **Z** that best relates to you most of the time. You may choose more than one option. Your first reaction is usually the best response.

1. I 'take in' new information best when:

- X** – I can see information in picture or diagram form
- Y** – Someone talks or explains to me
- Z** – I can get hands-on experience

2. When I am giving directions, I usually:

- X** – Draw a map
- Y** – Tell them how to get there
- Z** – Take the person and show them the way

3. I remember directions best when:

- X** – Someone gives landmarks to guide me
- Y** – I have oral directions and repeat them aloud
- Z** – I have been taken through the route once

4. When I am not sure how to spell a word, I often:

- X** – See the word in my mind and 'see' how to spell it
- Y** – Sound the word out in my mind or aloud
- Z** – Write down different versions of the spelling

5. To remember and recall an event, I would want to:

- X** – See pictures or read a description
- Y** – Tell it aloud to someone
- Z** – Replay it through movement – acting, pantomime or drill

6. I seem to remember objects better if:

- X – I can see a picture, a pattern
- Y – I create jingles or rhymes
- Z – I have touched or worked with them

7. When using a new piece of equipment, i.e., computer, camera, I would:

- X – Read the directions or watch someone do it
- Y – Ask someone to 'talk' me through it
- Z – Jump right in and figure it out

8. I enjoy:

- X – Making or viewing slides, photographs
- Y – Reciting or writing poetry
- Z – Working with my hands, repairing and building things

9. I prefer to find out about something new by:

- X – Reading about it
- Y – Talking about it
- Z – Doing it

10. I prefer a teacher who uses:

- X – Charts, diagrams, overheads
- Y – Discussion, guest speakers
- Z – Field trips, practical sessions

Learning Inventory Test Interpretation:

Place the total for each type of response in the spaces below.

X = Visual _____ (Prefer to take in information by seeing, reading)

Y = Auditory _____ (Prefer to take in information by listening, talking)

Z = Kinesthetic _____ (Prefer to take in information by doing, practicing)

The highest score represents your greatest strength. If scores are tied, you may operate equally well in two or three areas.