

OBJECTIVES OF THE GAME

LOCATION OF BALL	TEAM POSSESSING BALL	
	Our Team	Opponents Team
Attacking Third	SCORE ADVANCE POSSESSION	REGAIN DELAY
Midfield	ADVANCE POSSESSION	DELAY REGAIN
Defending Third	POSSESSION ADVANCE	STOP SCORING REGAIN

ATTACKING OBJECTIVES:

SCORE –

The ultimate objective of the game is to score the most goals.

ADVANCE –

The ball must be advanced to be within scoring distance.

POSSESSION –

Possession of the ball must be maintained in order to advance within scoring distance.

DEFENDING OBJECTIVES:

STOP SCORING –

The ultimate objective can be restated as preventing the opposing team from scoring the most goals.

DELAY –

When the opposing team gains possession of the ball, their advance must be delayed to gain time to organize the defense.

REGAIN –

Regaining possession of the ball is the defensive objective once the defense is organized.